



Interfaith Council for Peace & Justice

Bystander Intervention Program *Cultivating Communities of Compassion and Care*

What is Bystander Intervention Training?

Bystander intervention training is a form of conflict resolution focused on nonviolent communication intervention strategies and methods to de-escalate a variety of situations.

The overall goal of the ICPJ trainings is to give participants both an introduction and experiential learning process to bystander intervention that increases their confidence and capacity to intervene effectively and to stimulate a greater interest and commitment to nonviolence. Our trainings cover a spectrum of intervention situations from verbal interventions with people we know, to street interventions where we witness harassment and/or physical violence.

All of our sessions are co-facilitated by certified ICPJ trainers

Basic Bystander 4 Hour Training

This training is a condensed version of a full day training that covers the minimum to become more aware, understand, and begin the process of becoming an effective intervener. This session is recommended for those who have had no to very little exposure in conflict resolution awareness and skill building.

Minimum attendance per session: 15, Maximum attendance per session: 50

Cost per session per individual: \$20

Cost per session for: Colleges, Corporations, Government agencies: \$1,000

High schools, Small Businesses, Nonprofits, and congregations: \$500

(Only Check or Credit Card Payments accepted, net 30 day terms)

Train the Trainer Certification Program

This program is meant for those who have had extensive facilitator and conflict resolution experience and would like to become a bystander intervention trainer through ICPJ. Individuals who participate in the trainer-in-training process must fulfill the following requirements, regardless of prior experience:

- Attend ICPJ's basic four hour bystander intervention training to learn fundamentals of content. After basic BIT training the individual is eligible to apply for the "Train-the-Trainer" program.
- Train the Trainer: Participant applies to and is accepted into an eight hour "train-the-trainer" program. After completing the train-the-trainer workshop the individual is eligible to become a trainer-in-training (max attendance, 12)
- Co-lead a training: Trainer-in-Training co-leads a minimum of one workshop with a lead trainer and participates in post-training debrief.
- Certified Trainer: After receiving approval to become a full trainer, trainers continue to reflect on training feedback; issues of structural violence; power, privilege and hurt histories. If feedback from participants or co-trainers raises concerns, that will be worked out with the trainer and other members of the trainer community. Once criteria have been met, certified trainers are eligible to become contracted Bystander Intervention Trainers with ICPJ.

Cost for entire trainer program per individual: \$100 (includes participating in a basic bystander session, trainer session, And ongoing peer-to-peer mentoring within community of trainers.)

**For more details and to offer a training for your organization or to sign up for the next
Train-the-Trainer Program, contact, info@icpj.org or 734-663-1870**

